

AT MARTINSBURG

A Continuing Care Retirement Community

Residents, Families and Co-Workers;

July 9, 2020

As I write this update, I am again happy to report we continue to have no cases of COVID-19 on our campus. We are in the process of completing our baseline COVID-19 testing, and at the time of this letter we have completed 439 tests and received 262 negative results!

For our Health Care Center, Personal Care, and Assisted Lifestyles communities, we will move into “Step 2” of the Pennsylvania Department of Health’s three step reopening plan 14 days after we receive the results from our baseline COVID-19 testing. This is a required prerequisite for reopening and will determine our start dates. If we continue to successfully meet the requirements, we will enter “Step 3” of reopening after being in “Step 2” for 14 days. This plan will be posted to our website and will include modifications to visitation, activities, dining and volunteers. For those of you who do not have access to the internet and would like a copy of the plan, you may call 814-793-5590 and we will be happy to send you a copy.

Our Independent Living community will move into Phase 4 of reopening which is posted on our website for review this Friday, July 10, 2020. We will progress to Phase 5 on July 24, 2020. We delayed our progression though the steps slightly as we monitored the rising virus counts in Blair County and surrounding areas. We will rely on all of you to adhere to mitigation strategies including social distancing, hand hygiene and masking when in close contact with others.

This week we received guidance from the Centers for Disease Control (CDC) instructing travelers to self-quarantine for 14 days when returning to Pennsylvania from several states; Alabama, Arizona, Arkansas, California, Florida, Georgia, Idaho, Louisiana, Mississippi, Nevada, North Carolina, South Carolina, Tennessee, Texas, Utah. We have notified our Independent Living residents and our co-workers of this and are asking them to notify us of travel to these states and of the required post trip isolation.

Our co-workers continue to provide amazing and creative support for our residents and I am humbled to work with such a dedicated group! I am impressed with all they have done to help us meet the requirements for reopening. Each one of our co-workers have shown strength, dedication and love through this difficult time.

I pray you all have a wonderful week and I ask for your continued prayers as we move closer to the end of this very long journey.

Lisa Defibaugh, Executive Director