*IL Activities for the Week of*

July 4th -10th, 2022

*Schedule is subject to change at any time*

You must sign-up for any Activity with an \*

Mon. July 4th: *Independence Day*

9:00 AM Chair Exercises- TV Ch. 718

1:00 PM Bible Study

6:00 PM Card Playing-Library

7:00 PM Billiards-3rd floor SV Billiards Rm.

Tues. July 5th: *National Apple Turnover Day*

9:00 AM Blast from the Past: Summer Broadcast Music-Ch. 718

9:30 AM \*Grocery Shopping-Walmart

9:30 AM Cardio, Weights & Bands-LGR

10:15 AM Yoga-LGR

11:00 AM Chair Exercises-LGR

1-3:00 PM Bocce: Team 3 vs Team 6

2:00 PM Squirt Gun Fun on the Patio-Café Patio

3:30 PM Chair Exercises-TV Ch. 718

Wed. July 6th: *National Fried Chicken Day*

9:00 AM \*Wake Up with Wendy-Rec. Rm- $2

9:30 AM Walking Club-off campus

10:00 AM Cornhole-Outdoor courts

1:00 PM \*Afternoon at the Beach: Canoe Creek-Bus

6:30 PM Shuffleboard-outdoor court

****Thur. July 7th: *National Strawberry Sundae Day*

9:30 AM \*Shopping at Logan Town Center-Bus

9:45 AM Gentle Stretching-LGR

10:30 AM Pool Aerobics & Stretching-Pool

11:00 AM Water Volleyball-Pool

1:00 PM Scrabble-2nd floor lounge SV

2:00 PM Taste of Homewood-Cafe

3:30 PM Chair Exercises-TV Ch. 718

6:30 PM Pinochle-Café

7:00 PM Billiards-3rd Floor SV Billiards Rm.





Fri. July 8th: *National Freezer Pop Day*

9:00 AM Chair Exercises-TV Ch. 718

9:30 AM Cardio, Weights & Bands-LGR

10:00 AM \*Coverlet Museum-Bedford, Pa

10:15 AM Yoga-LGR

11:00 AM Chair Exercise-LGR

11:30 AM Learn the Fitness Room-SV Fitness Rm.

4:00 PM \*Terrace Hour-Cafe

**6:00 PM Card Playing-Library

7:00 PM Billiards -3rd floor SV Billiards Rm.



Sat. July 9th: *National Sugar Cookie Day*

10:00 AM Table Tennis-LGR

10:00 AM “Busy Fingers”-Great Room

3:00 PM 15 min Stretching-Ch. 718

3:00 PM Card Playing-Library

Sun. July 10th: *National Kitten Day*

10:30 AM Church Services-Chapel

3:00 PM 15 min. Stretching-Ch. 718

3:00 PM Card Playing-Library

*UPCOMING EVENTS:*

July 11th: Auxiliary Fundraiser Meal at Hoss’s

July 12th: Ice Cream Truck on Campus

July 13th: IL Picnic

July 14th: Whipples Dam & lunch