*IL Activities for the Week of*

June 13th-19th, 2022

*Schedule is subject to change at any time*

You must sign-up for any Activity with an \*

Mon. June 13th: *National Weed Your Garden Day*

9:00 AM Chair Exercises- TV Ch. 718

9:00 AM Coffee Group-Rec. Rm.

10:00 AM \*New Dollar Tree/Family Dollar in Martinsburg-Bus

10:30 AM Pool Aerobics/Stretching-Pool

11:00 AM Water Volleyball-Pool

1:00 PM Bible Study-Library

2:00 PM \*Cognitive Fitness-Library

3:00 PM Bingo-Cafe

6:00 PM Card Playing-Library

7:00 PM Billiards-3rd floor SV Billiards Rm.

Tues. June 14th: *National Flag Day*

9:00 AM Homeward Bound Vintage Music-TV Ch. 718

9:30 AM \*Grocery Shopping-Giant Eagle

9:30 AM Cardio, Weights & Bands-LGR

10:15 AM Yoga-LGR

11:00 AM Chair Exercises-LGR

11:30 AM Gentle Stretching-LGR

1-3:00 PM Bocce: Team 2 vs Team 5

1-4:00 PM Ice Cream Truck on Campus

2:00 PM Patriotic Sing-A-Long with Betty Moudy-Great Room

3:30 PM Chair Exercises-TV Ch. 718

Wed. June 15th: *National Photography Day*

8:30 AM \*Trip to Bellville, Pa

1:30 PM Movie: “Dog”-GCC & Ch. 718

3:00 PM Reader’s Club-Library

6:30 PM Shuffleboard-outdoor court

****Thur. June 16th: *National Nurse Assistants’ Day*

10:30 AM Pool Aerobics & Stretching-Pool

11:00 AM Water Volleyball-Pool

12:00 PM \*Jam Session at Blue Knob Firehall w/ Dave Replogle & Friends-Bus

1:00 PM Scrabble-2nd floor lounge SV

3:30 PM Chair Exercises-TV Ch. 718

6:30 PM Pinochle-Café

7:00 PM Billiards-3rd Floor SV Billiards Rm.





Fri. June 17th: *National Flip Flop Day*

9:00 AM Chair Exercises-TV Ch. 718

9:00 AM \*Frostburg Flyer Trip-Bus

4:00 PM \*Terrace Hour-Cafe

**6:00 PM Card Playing-Library

7:00 PM Billiards -3rd floor SV Billiards Rm.



Sat. June 18th: *National Go Fishing Day*

10:00 AM Table Tennis-LGR

10:00 AM “Busy Fingers”-Great Room

11:00 AM Recreation Games-LGR

3:00 PM 15 min Stretching-Ch. 718

3:00 PM Card Playing-Library

Sun. June 19th: *Father’s Day*

10:30 AM Church Services-Chapel

3:00 PM 15 min. Stretching-Ch. 718

3:00 PM Card Playing-Library

*UPCOMING EVENTS:*

June 21st: 1st Day of Summer Cocktail Party

June 23rd: Mini Golf

June 24th: Huntingdon County Arts Center

June 27th: Julie Nevel

June 28th: Altoona Curve Game

June 29th: Prelude Technical Presentation; Altoona Community Band