*IL Activities for the Week of*

May 16th-22nd, 2022

*Schedule is subject to change at any time*

 You must sign-up for any Activity with an \*

Mon. May 16th: *Do Something Good for Your Neighbor Day*

9:00 AM Chair Exercises-TV Ch. 718

9:00 AM Coffee Group-Rec. Rm.

10:30 AM Pool Aerobics-Pool

11:00 AM Water Volleyball-Pool

1:00 PM Bible Study-Library

2:00 PM \*Cognitive Fitness-Library

3:00 PM Bingo-Cafe

6:00 PM Card Playing-Library

7:00 PM Billiards-3rd floor SV Billiard’s Rm.

Tues. May 17th: *National Cherry Cobbler Day*

9:00 AM Vintage Springtime Music-TV Ch. 718

9:30 AM \*Grocery Shopping-Saxton Market

9:30 AM Cardio, Weights & Bands-LGR

10:15 AM Yoga-LGR

11:00 AM Chair Exercises-LGR

11:30 AM Gentle Stretching-LGR

1-3:00 PM Bocce: Team 1 vs Team 2

2:00 PM \*Chatty Chicks-café Patio ($2)

2:30 PM Diabetes Support Group-Library

3:30 PM Chair Exercises-TV Ch. 718

Wed. May 18th: *National Visit your Relatives Day*

10:30 AM Pool Aerobics-Pool

11:00 AM Water Volleyball-Pool

12:30-2 PM \*Booster Clinic-HCC

1:30 PM Movie: “A Simple Twist of Fate”-TV CH. 718

1:00 PM \*Quarterly Birthday Party-Cafe

3:00 PM Reader’s Club-Library

****Thur. May 19th: *National Devil’s Food Cake Day*

11:00 AM \*Retired School Teachers Luncheon-GCC

1:00 PM Scrabble-2nd floor lounge SV

1:30 PM Spelling Bee-Rec. Rm.



*(Thurs May 19th con’t.)*

3:30 PM Chair Exercises-TV Ch. 718

3:30 PM Choir Practice-Chapel

6:30 PM Pinochle-Café

7:00 PM Billiards-3rd floor SV Billiard’s Rm

Fri. May 20th: *National Rescue Dog Day*

8:00 AM \*Trip to Doolittle Center, Dubois

8:30 AM Massages by Ashley-Massage Rm.

9:00 AM Chair Exercises-TV Ch. 718

4:00 PM \*Terrace Hour-Cafe

**6:00 PM Card Playing-Library

7:00 PM Billiards -3rd floor SV Billiard’s Rm.



Sat. May 21st: *National Waitstaff Day*

10:00 AM Men’s Table Tennis-LGR

10:00 AM “Busy Fingers”-Great Room

11:00 AM Women’s table tennis-LGR

3:00 PM 15 min Stretching-Ch. 718

3:00 PM Card Playing-Library

Sun. May 22nd: *National Solitaire Day*

10:30 AM Church Services-Chapel

3:00 PM 15 min. Stretching-Ch. 718

3:00 PM Card Playing-Library

*UPCOMING EVENTS:*

May 23rd: Evening cello Concert

May 26th: Olde Bedford Brewing Co. on campus

May 27th: The Hoppers

May 31st: Greenhouse Crawl