*IL Activities for the Week of*

May 9th-15th, 2022

*Schedule is subject to change at any time*

 You must sign-up for any Activity with an \*

Mon. May 9th: *National Women’s Checkup Day*

9:00 AM Chair Exercises-TV Ch. 718

9:00 AM Coffee Group: Macaroons for Mom-Rec. Rm.

10:00 AM \*Grocery Shopping-WM

10:30 AM Pool Aerobics-Pool

11:00 AM Water Volleyball-Pool

1:00 PM IL Res. Assoc. Quarterly Mtg- GCC

3:00 PM Bingo-Cafe

6:00 PM Card Playing-Library

7:00 PM Billiards-3rd floor SV Billiard’s Rm.

Tues. May 10th: *National Clean Your Room Day*

9:00 AM Vintage Morning Music-TV Ch. 718

10:00 AM \*Bus trip to Boal Mansion & Columbus Chapel-$8.00/pp

10:15 AM Yoga-TV Ch. 718

3:30 PM Chair Exercises-TV Ch. 718

Wed. May 11th: *National Technology Day*

9:30 AM \*Walking Club-off campus

1:30 PM Movie: “Billy Rose’s Jumbo”-TV CH. 718

2:00 PM Nutrition-Library

2:00 PM 90’s Club-Rec Rm

4:30 PM \*IL Dinner-Chapel

****Thur. May 12th: *National Fibromyalgia Awareness Day*

10:00 AM Ping Pong Tournament-EACC

11:30 AM Yoga-TV Ch. 718

1:00 PM Scrabble-2nd floor lounge SV

1:00 PM \*Bowling-Martinsburg Park

2:00P PM Catholic Mass

3:30 PM Chair Exercises-TV Ch. 718

4:30 PM \*IL Potluck Dinner-Café/Library

3:30 PM Choir Practice-Chapel

6:30 PM Pinochle-Café

7:00 PM Billiards-3rd floor SV Billiard’s Rm



Fri. May 13th: *National Apple Pie Day*

6:15-10 AM Biddles Coffee Truck: GCC parking lot entrance

8:30 AM Massages by Ashley-Massage Rm.

9:00 AM Chair Exercises-TV Ch. 718

10:30 AM Pool Aerobics-Pool

11:00 AM Water Volleyball-Pool

2:00 PM Gables Dept. Store Presentation-GCC

**6:00 PM Card Playing-Library

7:00 PM Billiards -3rd floor SV Billiard’s Rm.



Sat. May 14th: *National Dog Mom’s Day*

8 AM-12 PM Aux. Yard Sale: 2309 Cross Cove Road

10:00 AM Table Tennis-LGR

10:00 AM “Busy Fingers”-Great Room

2:00 PM PawZone: “Dogs on the Catwalk”-GCC

3:00 PM 15 min Stretching-Ch. 718

3:00 PM Card Playing-Library

Sun. May 15th

10:30 AM Church Services-Chapel

3:00 PM 15 min. Stretching-Ch. 718

3:00 PM Card Playing-Library

*UPCOMING EVENTS:*

May 18th: Marketing Video Shoot

May 20th: Dubois Doolittle Center Bus trip

May 23rd: Evening cello Concert

May 26th: Olde Bedford Brewing Co. on campus

May 27th: The Hoppers

May 31st: Greenhouse Crawl