

The Messenger

HOMEWOOD

AT MARTINSBURG

Adding Life to Years Since 1974



FROM OUR EXECUTIVE DIRECTOR

Lisa Defibaugh

Fall is upon us and there is excitement in the air as we prepare for the change in season.

With the cooler weather comes the transition to more indoor activities and preparation for the holidays.

As I think about the Thanksgiving holiday that is ahead of us, I am reminded that we have much to be thankful for this year. In August we held our annual Golf Classic and though we were rained out for the first time in the history of this event, the rain did not dampen the spirit of giving. This year our goal was to raise enough funds to purchase dining room furniture for our Terrace Café. Through our faithful and generous participants and sponsors, we were able to meet this goal! The new dining room furniture is part of an overall upgrade to our Southview building. You will soon see a fresh new look with updated colors, window coverings and renovation to our restrooms.

In addition to the refreshed look in our café, we will also have a new menu and the addition of table service to provide restaurant style dining. We are excited for the changes and look forward to offering enhanced dining services for

everyone to enjoy.

We are also very thankful to be blessed with a generous donation to complete a renovation project on our Tenley Rehabilitation Unit. This project will replace the vanities in each resident room. The current vanities are original to the building and with the renovation, there will be improvements to accessibility and function along with an updated appearance.

With a nationwide shortage on labor and supplies, I am extremely grateful that we are able to complete these and several other much needed projects this year. The ability to maintain and upgrade our campus each year is part of what makes Homewood at Martinsburg one of the best continuing care retirement communities in the area.

I feel strongly that the hand of God continues to be at work at our Homewood at Martinsburg campus. I am amazed at the continued blessings we receive and I am thankful that we can all enjoy them together. As we enter into this season of thanksgiving I share with you a scripture that reminds us of the goodness of our God.

Give thanks to the Lord, for He is good, for His steadfast love endures forever! - 1 Chronicles 16:34

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The Messenger

A News Magazine

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437 Givler Drive
Martinsburg, PA 16662
(814) 793-3728

Lisa Defibaugh, NHA, MS,
HNSA, CMP
Executive Director

Teresa Patterson
Editor
tapatterson@hmwd.org

Contributors:
Lisa Defibaugh
Aimee Lozinak
Pastor Jerry McCuller
Debbie Pierce
Renee Krider

Visit our website at
homewoodmartinsburg.com

Fall 2021

AUXILIARY CORNER

Debbie Pierce, Volunteer Director



In our previous article, we reported that our Auxiliary was planning a Yard Sale in May and one in June. Wow, do we have a lot to brag about! Our May Yard Sale for residents and staff yielded \$1,800. The June Yard Sale included our entire community. This time we made a whopping \$6,000. In between these sales, items were sold online. All of these efforts added up to over \$10,000 made this summer from resale items. Thank you to the Marschaks and Pattersons and all our volunteers that made this possible. Under inspiration from Ron Ensley, we tried a new fundraiser--selling Gift Cards for Hoss's & Marzoni's restaurants. We combined this with a Community Night at the Hoss's restaurant in Duncansville. The two events resulted in \$1,253 raised. This quarter we also had a Claysburg Pizza sale and a Mariana Hoagie sale, raising \$1,083.

Dining for Dollars is back, with an event at 6 Mile Run Diner, near Saxton on Sept. 28th.

Unfortunately, our annual Fall Bazaar planned for Sept. 30 and Oct. 1 had to be cancelled, due to the increase in Covid-19 cases in our county. This was bittersweet, as we were so looking forward to this fun event, but decided it was better to be cautious. Hopefully, we can bring this event back next year!

Our Auxiliary sponsored a number of items recently:

- Maintenance-free outdoor furniture for the Jade/Ivory Gazebo - \$1,228
- Purchased the material for 3 cabinets, custom made by our Woodshop volunteers for our Dietary Department's use in the Terrace Café - \$1,227
- Purchased two "LOTUS Transports" for Health Care. Using this apparatus, only one person is needed to help a resident stand up from a seated position. It prevents back pain for our staff and provides safety for the resident - \$6,000
- Purchased five electronic blood pressure machines (\$7,000) for Health Care and Assisted Lifestyle units: A time-saver for nursing staff and comfortable for patients.

People often remark to me that they wish they could do more to help our residents here at Homewood.

If you came to our Yard Sales; if you bought one hoagie or pizza, or a gift card, or enjoyed a meal at Hoss's on Community Night, then you share in the success of our fundraisers and contribute to the ability to purchase the items listed above. This should give you a good feeling in what we are able to do as a community. Thank you all.



THE CHAPLAIN CONNECTION

**“You are my hiding place; You shall preserve me from trouble;
You shall surround me with songs of deliverance.” Psalm 32:7**

**“You are my hiding place I run to You I need Your mercy and
grace To see me through So I’ll run to You”
Hiding Place by Don Moen**

As I write these words of devotion, I do so entering my favorite season – FALL!



Please know, I enjoy and appreciate the other seasons, but I confess, Fall is my favorite! I am writing in the first official full week of Fall, so as I feel and sense the transition of change, I also anticipate with excitement what will come.

I have enclosed a photo of one of my favorite hiding places. I come here quite often this time of year! It is a hiding place for different reasons. It is a place where I hide, and try to stay quiet as I am watching for the beautiful white tail deer, or watching the noisy squirrels play, the owl that has already spotted me, or on the lookout for the black bear or other wild critters and animals of God’s wondrous creation.

And yet It is also a place where I find refuge and quiet; a place of conversation and prayer with God; a place where I can ponder all of my problems, struggles, along with my anxiety and sadness, with all its brokenness, and know that I am safe, to know I can bring all of who I am into the shelter and refuge of The Living God!

It is a great hiding place, for all kinds of reasons, and I do love it here! I feel most secure in my hiding place, protected from a broken and unsecure world, receiving some rest and solitude amidst the troubles of the world and everyday life. You know something? The hiding place I describe here is not just a physical place I can enjoy in certain seasons. It is a place promised to us always by the one true and living God! A place we have available in all seasons and transitions of life, most especially when we look for preservation from trouble, searching for mercy and grace!

Go and find your hiding place, and enjoy those beautiful songs of deliverance!

**May the love of The Living and Holy God be your hiding place! May you know God's mercy
and grace, now and always!**

Pastor Jerry

NEWS FROM THE MARKETING OFFICE



Every season is filled with both highs and lows, and while it may seem that we have experienced a lot of lows this year, we here at Homewood at Martinsburg also have a lot of highs to celebrate. Focusing on the positive aspects of our lives also helps to bring us peace and satisfaction in everyday living.

As mentioned elsewhere in this edition of The Messenger, our Auxiliary has been successful in raising funds to benefit our residents in so many ways; we continue with various renovation projects to keep our campus updated; and we continue to look forward to upcoming events and brighter days. Additionally, we have been very successful over the last few months in filling our independent living apartments and cottages and our assisted lifestyle apartments. We are thrilled to have welcomed many new residents to our Homewood family!

As we look towards 2022 and a new year, we are optimistic that our family will continue to grow and that our residents will continue to reap the benefits of support from our board, staff, volunteers and auxiliary and that they continue to enjoy their lives here at Homewood at Martinsburg.

May God bless you all as we approach this holiday season!

Aimee Lozinak
Marketing Director
814-793-1314



MEDICARE ANNUAL ELECTION PERIOD

Medicare Annual Election Period (AEP) starts November 15 and continues through December 7, 2021.

This election period is for Medicare beneficiaries that wish to change their individual or employer Medicare Advantage Plans or Medicare Prescription Drug Plans.

This provides a Medicare beneficiary the opportunity to choose another plan for either medical coverage or prescription coverage or both. Although your prescriptions have not changed your plan may have changed or there may be plans that are now in place that would better suit your situation.

2021 AEP also gives the insurance companies the opportunity to change their plans and submit new plans for the year 2022. This year along with the healthcare regulations there have been many changes that may affect you.

Every prescription drug company has the opportunity to change their plan for 2022 and the formulary of prescriptions their plan may cover. Health plans also have had to cancel plans due to reductions in federal reimbursement or lack of participants. You may find that you have received a letter indicating that your plan is going away or your company is changing you to a different plan that you are not sure fits your healthcare needs.

Don't miss this opportunity to verify your coverage to determine you have the plan or plans that will best benefit you for 2022.

If you want a free assessment of your coverage or help choosing and enrolling in the plan that is best for you, please call me at 814-793-1339 to set-up an appointment.

Enjoy this beautiful autumn season!!

Renee J Krider, LTCP

Renee Krider is an insurance counselor with Senior Ministries Insurance Alliance and has contracted with Homewood at Martinsburg for twenty years. Her services are available at no cost to Homewood residents and members of the surrounding communities. Her office is located on the first floor of the Southview Building of Homewood at Martinsburg. For an appointment please call Renee at (814) 793-1339

RESIDENTS IN THE SPOTLIGHT

Library Committee



"Homewood at Martinsburg's Library Chairperson Position was vacant for several months until we found the perfect person", said Debra Pierce, Volunteer Director.

Anita Schulze a Homewood at Martinsburg resident filled the vacant position when approached by Pierce.

"Anita's career was a Librarian," said Pierce. "She had worked for Elementary schools, High school then eventually was a School District Library Administrator for Council Rock School District in Bucks County."

Anita Schulze stated, "I wasn't really looking to get back into doing Library work, but this isn't like a job. The people are all so nice here and our Committee really works well together. Right now we are still in the planning stages. We are having a book sale and a small open house just for residents at this time."

Schulze says that the Committee has some good ideas it will be just putting them into action. She says, "We are planning and setting goals. We want to peak more interest in this Homewood amenity and encourage more people to read."

Anita also says that she was very impressed with the collection of books that Homewood has for residents. Stating, "I was quite amazed at the variety of the collection that was here. Especially since it is based on donations. The only thing missing are the current Best Sellers. So the collection is quite impressive."

The Library Committee consists of residents and an employee which include, Anita Schulze, Ellie Cannistraci, Gloria Blakely, Linda Albright, Audrey Bonebreak, Jean Kensinger and Paula Sell. They have been busy working on cleaning out older titles, and coming together with ideas and making plans. "Ellie and the other members have worked really hard on this Library. They deserve so much credit. As far as what we have planned in the future, who knows, we will only be as good as our ideas. But we are excited and hoping to make the Library something that all the residents will enjoy using", states Schulze.

Debbie Pierce said, "We are always looking for volunteers. If you think you may want to volunteer in our Library or some other way for Homewood, please give me a call at 814-793-1350."

THE Homewood Channel



Can't make it out to see a performance or the Worship Service? No problem! Homewood at Martinsburg now has a dedicated channel for all Atlantic Broadband subscribers.

Tune in to Channel 718 for our Live Performances, Church services, important information and more, right from the comfort of your cottage or apartment.

HOMEWOOD GOLF TOURNAMENT

Homewood at Martinsburg Annual Golf Tournament was held on August 11, 2021 at the Iron Masters Country Club in Roaring Spring, PA. There were 124 Golfers, 23 Major Sponsors and 44 Cart & Tee sponsors. It was a wonderful day spent raising a grand total of \$54,878. The money will be used to purchase new chairs in our Cafe.



HOMEWOOD HAPPENINGS

Special Events



Over the years Board Members, Allan and Judy Hancock have been an important part of bringing exceptional talent to Homewood at Martinsburg to provide special performances for the residents who live here.

Performances which include the internationally known Gospel group, The Hoppers, who appeared this past April. The Tribute Quartet, who recently held a performance the beginning of October, and coming in November, The Collingsworth Family.

Excitement, spiritual anointing, family emphasis, and musical excellence are what you can expect to find when you step across the threshold of the Givler Cultural Center for an evening of worship and praise with the Collingsworth family.

The Collingsworth Family includes parents, Phil and Kim, daughters Brooklyn, Courtney and Olivia, and son Phillip.

The two oldest daughters are quite proficient on the violin and play at each of their concerts. Their entire family sings together in an ensemble. Kim is well known for her phenomenal mastery of the piano and the extraordinary talent God has given her is a part of each concert, as well as trumpet solos from Phil.

This is sure to be an unforgettable performance.

Back again this year will be the Altoona Symphony Orchestra to perform in December their Home for the Holidays musical rendition.

Such a great way for the residents to kick off their holiday season.



HOMEWOOD ACTIVITIES



Our Activity Departments organized a “Dog Days of Summer” parade with Independent Living residents and some IL employees and their dogs. The parade started at the Springfield Pavilion where Health Care residents met their new furry friends and there were lots of smiles, petting and love between residents and the dogs. Residents then presented each dog participant with a bag of goodies, homemade scarfs and toys. The dogs made their way to Assisted Lifestyle residents who met at Kathy’s Place patio. There, the dogs were able to have a cool drink of water and homemade dog treats made by the residents. More love to go around before they marched over to the Mary Whitmer Pavilion meeting with IL residents for a nice homemade frozen dog treat and more smiles and love. The dogs enjoyed the day as much as the residents did.



Internationally known Gospel group, The Hoppers appeared live in concert for residents in June.



Photos from the IL Olympics

HOMewood ACTIVITIES

Continued...



The Arboretum at Penn State



June Paint & Sip



Assisi Gardens in Loretto



Buttermilk Falls



Award winning Gospel Group The Tribute Quartet performed for residents in the Givler Cultural Center in October

Homewood at Martinsburg
437 Givler Drive
Martinsburg, PA 16662
E-mail: tapatterson@hmwd.org

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(814) 793-3728 437 Givler Drive, Martinsburg, PA 16662
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